



# Imagine Nation Today!

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I'd love to hear your  
thoughts. Email me at  
[Nancy@Imagine-Nation.biz](mailto:Nancy@Imagine-Nation.biz).

## Nancy's Perspective

Hello and happy New Year everyone!

The start of 2008 is turning out to be quite thrilling due to some exciting possibilities I'm creating. It is a wonderful way to start the year when you have defined ideas of the directions you want to move – as my clients discover when using my method!

First, a handful of free or low cost workshops are currently on the calendar so please check out [Imagine Nation](#) for all the details.

Second, an active search for an assistant has finally begun and several candidates are seriously being considered. This is an open position for a number of virtual assistants (you can work from anywhere in the world), so please share my info with anyone you think might be an asset to my team.

*Another new item is the addition of bi-weekly weekend discussion/lecture workshops. Enjoy your bagel and coffee while we discuss goal realization/life roadblocks such as defeating attitudes, loss of drive, self-sabotage, lack of motivation, perception issues; etc. For just \$5.00 a workshop you'll find that the topics discussed can make each day of your life more pleasant, successful, and forward moving. "Coffee & Conversation with Imagine Nation" begins in February. [Email me for more information!](#)*

I'm excited about these changes, but I'm nervous, too. That's the way of change and it's the season for it. Most of us feel compelled to create change right now. However, these good intentions tend to be tempered with the fact that we habitually give them up within a few months.

Don't despair. Most of us fall back on old habits soon after the new year hype ends. Although knowing this doesn't help, knowing that there is a fix just might. The issue isn't that you don't have the intention, the determination, or even the motivation to achieve your goal – it's that your perception of doing so is colored by previously perceived failures of seeing it through. My hope is that this issue will reignite not only your passion for achievement, but your original faith in your self to go the required distance; simply by helping you better understand the power of your perception.

Make 2008 the year where you find value in your goals. Choose to perceive yourself and the world around you with a more positive outlook that promotes successful outcomes and goal realization will be yours this year.

As always, I wish you all the best and dedicate this to you in the hopes that you will keep your dream alive!

[Check it out:](#)  
Learn more about  
Nancy Nordstrom.  
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Imagine Nation today!

## Deceiving Perceiving

“What you see is what you get!”

This line is from a commercial almost three decades old, yet it’s very apropos for today. Reality is how you *choose* to see it so what you choose to see is what you will get.

Unfortunately, this means that we can choose a defeating reality as easily as we can perceive a balanced one. We choose to look at our lives negatively and our reality will reflect the same. We can choose to look at it positively and the results will equal that.

Which is the true reality?

Deceiving perceiving is found, not in that which surrounds us, but that which is found *within* us. Defeating self-dialogue, fed by the warped perceptions of others whose words carry more weight than they should, contaminate our outlook. This prevents us from seeing the truth that could be; creating a lie that is self-destructive. With such eyes, how can a positive, fulfilling reality exist?

My “Quickstep Guide To Realizing Your Dreams” will make a wonderful gift to that special person in your life. Go to [www.Imagine-Nation.biz/iservices.htm](http://www.Imagine-Nation.biz/iservices.htm) to download a copy today!

Yet others feel that an outlook developed through positive, hopeful, and healthy thoughts, cultivated by loving family and friends, is deceptive. Two sides of the same coin. Does such a Pollyanna outlook create a non-existent reality that dwells only within one’s mind?

## Being Real in an Unreal World

Quantum physicists tell us that reality is all in the mind and completely at the mercy of our perception of time, space, and matter. It only exists, they have determined, because we choose to *believe* it exists. If we didn’t believe, there would be no reality. Now that’s a bit scary!

Is your life, as you perceive it, a lie? Possibly. Have you been deceived to believe your life is something other than what it is? Probably. Should you now question what you consider reality? Absolutely. What you thought was truth, probably wasn’t. What you thought was lie, probably was.



What you see *is* what you get. And what you see is a choice. The important part is in the *how* you choose to see. The “how” is based on choice and responsibility.

How you *choose* to see your life, how you take *responsibility* for those choices, is what your reality will be. If you take responsibility: learning from poor choices, making wiser ones, (and knowing you can change your choices at any time), then your “reality” will reflect a constructive outlook.

If you blame others: look at failures, remain stagnate, without power, then your reality will be full of insincerity, misjudgments, and falsehoods.

There is no “true” reality out there: there are warped ones, healthy ones, deceiving ones, and positive ones, but no absolute ones. There is only your perception of the events that take place around you, painted by positive and negative input and feedback. Choice and responsibility for those choices is what defines your perception. All of which means... if you have set resolutions for this new year, their achievement is based on your outlook and current actions, not your past actions (or non-actions).

Which reality do you intend to live: one that is healthy and optimistic, or one that is stagnating and unproductive? Or an equal balance between the two? Looking for answers is good. So here’s a question for you to ponder: whose reality are you living?

Maybe it’s time you start living your own.



### [Quick Links at www.Imagine-Nation.biz](http://www.Imagine-Nation.biz)

[Sign up](#) to receive your own newsletter or to read past issues.

[Learn](#) more about Nancy as a speaker and see a suggested list of keynote and workshop topics.

[Find out](#) where Nancy is speaking next.

[Purchase](#) and download goal realization tools, plus a copy of Nancy’s suggested reading list.

[Prepay](#) online if you are a coaching client (scroll to “other services”).

[Share](#) your comments, questions, or suggestions (scroll to the bottom of the page).

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## Words to Realize By:

*“Our deepest fear is not that we’re inadequate. Our deepest fear is that we are powerful beyond all measure. It is our light, not our darkness, that most frightens us. We ask ourselves, ‘Who am I to be brilliant, gorgeous, talented, and fabulous?’ Actually, who are you not to be? You are a child of God. Your playing small doesn’t serve the world.”*

Quote by Marianne Williamson

Although this quote needs no explanation, I think its wisdom needs reminding. It is not unusual for adults to feel as if their dreams should be set aside in pursuit of happiness for others. However, if you do not live your potential, if you do not make the most of who you are, you are not serving anyone, least of all yourself, as well as your intentions imply. Seek your dreams and in doing so, you will serve the world better.

## Read, Listen, or See:

Have you read a great book lately, seen an inspiring movie, or heard lyrics that got you moving? If so, feel free to share. [Email](#) me and share the title, author (songwriter/singer), and why you found it motivational and I’ll share it with other members of the “Imagine Nation Today!” audience.

Sometimes hearing someone else’s take on an inspirational piece helps you to determine whether or not you want to learn more. I’ve tried to share a variety of voices and approaches and thought that in hearing from others, we could widen that referral base.

Good reading, watching, and listening!

## Time to Share:

*“I work with a population of people with self-destructive behaviors [like drugs, alcohol, etc.]—they would use this ‘perception’ approach as a means of not taking responsibility for their actions.”* Rick, Chandler, AZ

Life is made up of a series of choices, each one dictating what follows. Reality is a matter of personal vision. We all have our own perceptions of ourselves and of our world. We are not right, nor are we wrong yet we live in a world of our own creation, whether knowingly or not. That’s where the power lies. In using perception to better serve yourself, you recognize your responsibility in having created the world in which you are currently living. A world that can change simple by changing the way you perceive it.

However, perception is based on probability. In other words, an addict can’t say he is drug free in the middle of a high and expect it to be so. Nor can he say he’ll never do drugs again, yet do nothing to address the issues that turned him onto that destructive path in the first place. He **can** take it one moment at a time, when he can say with all probability, that at that particular moment he will remain drug free. And in that moment he can acknowledge what is a healthier perception and what has been drug induced deception up until then.

Perception won’t change the past, which affects the “now” that currently exists. However, as perception is how you *choose* to see your world, better choices will lead to a healthier perception which in turn creates a positive reality, a new and more positive “now”.

With that being said, I am not an addiction counselor; all aspects of working with such individuals are outside the realm of what I do. The point was not to address addiction issues, but how perception can be manipulated to achieve a result that is not self-serving in a healthy behavior. Perception is not an excuse; it is the ability to see a situation for what it is – to you. How honestly you can do that – well, that’s for you to determine.

### AVAILABLE FOR DOWNLOAD!

“The Quickstep Guide”

A synopsis of the method used with clients.

“The Power Project”

A teen version of the Quickstep Guide.

“Ah, The Tick”

A fun, fiction manuscript that gives wonderful life lessons; for both adults and youth.

[Click here](#) to purchase and download your copy today.



*If you have a question or a specific area of interest you would like to share, feel free to send an email to [info@Imagine-Nation.biz](mailto:info@Imagine-Nation.biz) or you can just [click here](#) and scroll to the bottom of the page. I will try to include it in an upcoming issue and will do my best to give you a concise response that will move you forward on your journey.*

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## Visit [www.Imagine-Nation.biz](http://www.Imagine-Nation.biz) Today!

There is always something new going on at Imagine Nation. Check the site often for calendar updates, workshop information, and to view back issues of “Imagine Nation *Today!*” You can also sign a friend up to receive this bi-monthly e-newsletter (or get your name on the list if this has been forwarded to you!), send a question or a comment for insertion in an upcoming issue, or download a free reading list to help you maintain forward movement. Visit today and feel free to share your thoughts!

## Taking Care of Business

### Ready to Hit the Road? Start Here!

The Imagine Nation® Method of Dream Realization is the most effective means to achieve your dreams. As your goal strategy partner, I will work with you to identify your dream, develop it into a concise goal, and then give you the guidance and insights needed to achieve it. This method, along with the support and accountability of a professional strategist, will enable you to turn your dreams into reality.

You will also receive a comprehensive handbook (a \$149.00 value) that details my method, allowing you to keep your dream alive between sessions and throughout your journey. It includes several precept/maintaining motivation cards to keep around as handy reminders, Two-Do sheets, and a cheat sheet to help you stay on track during the realization of your goal.

Give me a **call today** at (480) 940-4562 or you can email: [info@Imagine-Nation.biz](mailto:info@Imagine-Nation.biz). Schedule the start of your dream realization journey now. Isn't it time to invest in you?

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### Looking To Travel Alone?

I've created a wonderful tool to utilize if working with a goal strategist isn't in your immediate future. “The Imagine Nation Quickstep Guide to Realizing Your Dreams” is a synopsis of the method that is used with my clients. It won't replace having a goal strategist as your partner, but it does highlight the tips and insights needed to help you identify and achieve desired outcomes: great for the independent traveler. Included is an overview of the method, areas to take notes, a planner, Two-Do sheets, precept/motivational cards, and a cheat sheet. It is now [available to download so you can have your copy today!](#) It's a cost-effective way to jumpstart your journey to dream realization, and it makes a wonderful gift for fellow dreamers!

To purchase the guide visit [www.Imagine-Nation.biz](http://www.Imagine-Nation.biz) and click on the Services link today. You can download your copy immediately and begin your journey to the realization of your dreams now!

## Contact Information

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### DISCLAIMER!

As your goal strategist, you will find me an effective navigator on your journey to dream realization. However, as I am not a mental-health professional, I will not take on inner demons best treated by trained counselors; nor should any other “coach” of any sort. If you have issues that are beyond your ability to control, take them to a licensed professional, then come back to me, and let's work together to realize your dreams!