



Imagine Nation® Today!

Volume 4

If this bi-monthly newsletter has been forwarded to you and you would like to receive it directly, send an email with your name and email address to: My_Imagine_Nation@hotmail.com and request to be added to the list! Additionally, I apologize in advance for any typographical or grammatical errors that may be found. Best efforts were made to avoid such mistakes.

What's Up?

March, the beginning of a fresh new season: a season of growth and promise. A time when new adventures are in the works for me, and great opportunities are available to you!

I'm privileged to work with the Mohave County Department of Public Health, Tobacco Use Prevention Program to present to the 4th, 5th, 7th, and 10th graders of the Kingman area schools. Beginning March 6th, the kids began learning about the power of words, choice, and perception through my "Power With Purpose" program.

In addition to speaking in Kingman, I've agreed to present an ongoing goal realization program to the teen girls at Florence Crittenton Services of Arizona. Visit www.FloCrit.org to learn more about who they are and what they do.

In May and August, I'll be presenting a couple of workshops for the Fresh Start Women's Foundation in Phoenix. Check the calendar on my website for details and check them out at www.WeHelpWomen.com.

As pleased as I am to be working with these wonderful organizations, it leaves little time for me to conduct open engagements to help you follow through on

Haven't heard me speak, yet?

[Click here](#) and visit createaway.com. Have a listen to a number of my topics on realizing your dreams!

your dreams and goals. However, contact your local library and have them give me a call if you are interested in hearing me speak. Schedule permitting, I will do my best to accommodate the event. In addition, talk with your human resource person at work

about having me speak at *your* organization or your child's school, to have me present my "Power With Purpose" program.

And before I forget, while all of this has been going on, my website has been undergoing a major overhaul. Please visit www.Imagine-Nation.biz and check out the new look. You can check the dates for the upcoming Fresh Start events as well as share your comments about the site changes!

The Price Is Right!

Didn't I also mention that there were great opportunities for you, as well? With everything happening I have not forgotten, and completely appreciate, that I am here for you as your goal strategist. Because creative scheduling will be in order

over the next several months, I've a special deal just for those of you who receive this newsletter. For a limited time I've reduced the fee for my one-to-one client sessions from \$90.00 to just \$75.00! Why? Because your dream is important, it is of value, and I want you to know I am here for you! If you can work with me to find the right scheduling fit, I will work with you on achieving your dream!

You will also find a "job posting" in this issue of *Imagine Nation Today!* How exciting is that? Look it over, you may just find exactly what you (and I!) are looking for!

I wish you all the best and dedicate this to you in the hopes that you will always ... keep your dreams alive!

Entitled? Not!

Somewhere, on this adventure we call "life", we have acquired a sense of entitlement. We feel it is our right to pursue happiness, free of pain; success, free of failure; and devotion, free of risk. We exist, so we are entitled.

On the contrary, we are not entitled. Moreover, our mistaken conviction in this right leads to an overwhelming sense of disillusionment with ourselves and with the world we have created.

This disillusionment carries over to our dreams and goals. Our need, and instance on, instant gratification does not allow true achievement to be realized. We settle. Not for what we want, but for what we get.

If we change our attitude, learn from hard-won lessons, and appreciate that energy and commitment are necessary tools on the journey, what we seek can be ours.

Committed

To achieve real goal success we must first let go of our sense of entitlement and commit to that which holds value for us. Ah, but there's that vile, hindering word that makes many of us shudder in distaste and to settle for less than what we want. If we want to find our true purpose, achieve our true desires, we must *commit* to making the journey.

We are entitled to one thing and that is the right to *strive* for what we want: to work for it, cry over it, and struggle to achieve it by committing ourselves to it. For when we do, it makes all that came before a glorious gift that we have earned. And what comes after: the realization of our dreams.

Job Posting!

PR Intern: will plan and execute a marketing/PR campaign for Imagine Nation®, along with other assistant responsibilities. This is a commission-based position requiring a minimum of ten hours a week of hands on activity. The ideal candidate will have, or be earning, a degree in marketing, PR, mass communication, or some such equivalent. Some experience with, or interest in, promoting an individual is a plus, and an understanding and belief in the Imagine Nation Method of Dream Realization is required (prior knowledge not necessary). Enthusiasm, desire, and self-motivation will weigh equally with experience on the selection of the ideal intern.

Goal Strategist Certification now available through Imagine Nation! Call today to find out how you can be an Imagine Nation certified goal strategist. Learn how to help others achieve their dreams and goals, beginning with your own!

➤ Words To Realize By:

“It is not because things are difficult that we do not dare, it is because we do not dare that they are difficult.” Seneca

Like many of my clients, you may initially disagree with this statement. Have you ever used the excuse: “What I want is too difficult to achieve. It’s too hard so why even try?” or “Why take the journey if I already know I can’t finish it?”

Contemplate Seneca’s words. You will soon realize the truth in the statement.

The difficulties you believe you see in what you want in life are there, more because you perceive they will exist rather than whether or not they actually do! Go after what you want, but be willing to work for it, to earn it. When you know your goal, truly *know* what you want, what was once seen as a difficulty becomes just another stepping stone on the realization of your journey!

➤ Read, Listen, Or See:

Burn CD by JoDee Messina

For those of you who don’t know, JoDee is a Country/Western singer (don’t groan!). Like most CW CD’s, this one is about love and yearning and overcoming. Yet, her words, her enthusiasm, and her music will propel you over obstacles you may encounter on your dream journey. Her music is fun and energetic and will move you - to move! The CD’s been out for a while, you can probably find a good deal on it.

➤ Time To Share:

“How do you motivate people?” Anne/Apache Junction, AZ

The answer is really quite simple. I don’t motivate people; people motivate themselves!

You can’t force others to move in a certain direction if they do not have the motivation to do so. Knowing this, many will then offer up what they feel is propelling incentive to follow through: encouragement, bribery, even intimidation. Such motivation may have a small level of success,

however, this success is only temporary, and old habits are soon revisited.

Here’s something useful and completely unrelated!

Tired of receiving tele-marketing calls, especially now that they can call your cell phone? Go to www.DoNotCall.gov and add each of your telephone numbers to the list.

So, I don’t motivate people. What I do is help people find their own motivation.

In relation to pursuing your dream, it must be understood that part of that journey is coming to a point where you know, absolutely *know*, what you want to accomplish. You need to maintain motivation to get to that point - which, in the beginning, I help you find.

Motivation may be found in: inspiration from another’s accomplishments, the realization that time is passing, an upcoming event that gives you a deadline, a song, words of wisdom, a baby’s smile, accountability. Any, or all of these, or something of your own can motivate you. Do notice: these possible motivators are all positive - why clutter your life with negativity when a positive approach always gets a better result?

Once we find your motivation, and it helps you get to “that point”, the one where you *know* what you want, you will realize that **you** are your motivator. No song, no words, no other person will

motivate you like yourself. Your vision will be clear, your journey defined, your destination a realistic achievement; motivation to see it through - maintained.

Find your motivation, maintain it until you achieve that sense of certainty, and then look to yourself to complete the journey. Don't look to me to motivate you. However, I will be happy to help you, motivate yourself!

If you have a question or a specific area of interest you'd like to share, please email it to: My_Imagine_Nation@hotmail.com. I will try to include it in an upcoming issue and will do my best to give you a concise response that will move you forward on your journey.

Check out my website at www.Imagine-Nation.biz!

My website has undergone some dramatic changes. Visit it often to see what's new and feel free to share your thoughts on the look!

Coming In May: You'll have to wait and see!

In other words, I haven't a clue. But I'm sure I'll think of something to help move you forward on your dream!

Taking Care Of Business

Ready to Hit The Road? Start Here!

The Imagine Nation® Method of Dream Realization is the most effective means to achieve your dreams. As your goal strategy partner, I will work with you to identify your dream, develop it into a concise goal, and then give you the guidance and insights needed to achieve it. This method, along with the support and accountability of a professional strategist, will enable you to turn your dreams into reality.

You will also receive a comprehensive handbook (a \$49.00 value) that details my method, allowing you to keep your dream alive between sessions and throughout your journey. It includes several precept/maintaining motivation cards to keep around as handy reminders, Two-Do sheets, and a cheat sheet to help you stay on track during the realization of your goal.

Give me a call today at (480) 940-4562 or email: My_Imagine_Nation@hotmail.com (note underscore between words). Let's schedule the start of your dream realization journey now. Isn't it time to invest in you?

Looking To Travel Alone?

I've created a wonderful tool to utilize if working with a goal strategist isn't in your immediate future. "The Imagine Nation Quickstep Guide to Realizing Your Dreams" is a synopsis of the method that is used with my clients. It won't replace having a goal strategist as your partner, but it does highlight the tips and insights needed to help you identify and achieve desired outcomes: great for the independent traveler. Included is an overview of the method, areas to take notes, a planner, Two-Do sheets, precept/ motivational cards, and a cheat sheet. At just \$15.95 plus shipping, it's a cost-effective way to jumpstart your journey to dream realization, and it makes a wonderful gift for fellow dreamers! 🎁 [Also, it is now available to download so you can have your copy today!](#)

Purchasing Information - If you are interested in purchasing "The Imagine Nation Quickstep Guide to Realizing Your Dreams" visit www.Imagine-Nation.biz and click on the Services link today. You can download your copy immediately or have your guide sent to you by priority mail by paying an added shipping fee.

Interested In Receiving Back Issues of “Imagine Nation Today”?

If you are interested in a previous issue, or know someone who is, just email me at My_Imagine_Nation@hotmail.com. Let me know which issue you want and I'll forward it to you immediately.

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DISCLAIMER!

As your goal strategist, you will find me an effective navigator on your journey to dream realization. However, as I am not a psychologist, therapist, or mental-health professional, I will not take on inner demons best treated by trained counselors; nor should any other goal or life coach of any sort. If you have issues that are beyond your ability to control, take them to a licensed professional, then come back to me, and let's work together to realize your dreams!

Until we meet again... Keep the dream alive!

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