



# Imagine Nation® Today!

## Volume 7

If this bi-monthly newsletter has been forwarded to you and you would like to receive it directly, send an email with your name and email address to: [My\\_Imagine\\_Nation@hotmail.com](mailto:My_Imagine_Nation@hotmail.com) and request to be added to the list! Additionally, I apologize in advance for any typographical or grammatical errors that may be found. Best efforts were made to avoid such mistakes.

Ah, the weather outside is changing and isn't it glorious! Because of it, you may notice that you are feeling compelled to follow through on those latent New Year's resolutions. The cooler weather, the back-to-school learning mentality, and the knowledge that Autumn leaves will fall soon inspire a need for transformation.

I had such a need to transform from city gal to nature guru - I spent this past weekend camping at Lake Apache with my kids and some close friends. It was a pleasure basking in the moment, without worry of cell phone interruptions, computer glitches, or unyielding deadlines.

Camping verified my rather gung-ho approach to being aware of the gift we receive with each new moment. It offered blissful moments where I learned to start letting go and start letting others do (Gee, you mean I don't have to do *everything!*). For all of us, each moment offers the opportunity to start: start over, start again, or just start anew. You take a deep breath, release it slowly, and - start doing something! A fresh wind is blowing opportunity to change, grow, and become what you have always wanted to be. The time to do so is now, so take a moment and just start!

You might be asking, "Does she mean start now? That's a bit scary!"

Well, I say experience the fear, take it head on; challenge it by following through! If you continue to wait for the "right time", for "fortune to step in", or destiny to show the way, you'll be missing out. Don't leave the opportunity that is there before you *this very moment*, to the fickleness of fate or that opportunity will be lost to the winds of time.

### **Haven't heard me speak, yet?**

[Click here](#) and visit [createaway.com](http://createaway.com). Have a listen to a number of my topics on realizing your dreams!

Getting started is tough, I know. So keep in mind: dreams and goals are about making a change for the better in your life. In improving your life, you automatically improve the lives of those that touch yours. Both are a wonderful incentive to go for it. However, you don't have to take a flying leap of faith that you'll land safely where you want to be. Instead, right now, *in this new moment*, take a deep (albeit fearful!) breath. Now, release it slowly, and place one foot out in front of the other. When you do, from that moment on, anything is possible and your dream is one step closer than it was a moment ago!

As always, remember I am here for you when you are ready to take that first step!

I would love to hear of your dreams and goals and hope that the tips and insights that you find in these newsletters help you to take action, when action is needed most - now! Feel free to call me at (480) 940-4562 and let's schedule an appointment.

For teens ready to take a flying leap, and needing a little guidance before doing so, don't forget about my "Power Project" goal realization program. It is just what they need to move from "Huh? Now what?" to "Wow! Look what I'm doing!" Call me today to learn more.

*As always, I wish you all the best and dedicate this to you in the hopes that you will... keep your dreams alive!*

## Fate? I don't think so!

Before I begin, there is a point I need to clarify. I choose my words carefully and there are three words whose meanings I'm very aware of when I use them. They are not interchangeable.

Think, believe, and know. There are many things I think I know. Actually, I know fewer things than I think I do. And, like most people, I choose to believe the first statement about myself more than the second!

Here's the thing: I do not believe in fate. I don't believe in destiny. I don't believe my time is pre-determined. I don't believe these things. I don't know if they truly do not exist, so I don't push my luck, which, I believe in completely. I believe in luck, coincidence, and, most importantly, the power of **choice**.

I think that when people use fate, fortune, and the deity of destiny it is to escape responsibility. I don't believe that you are meant to be a loser, a winner, born to be president, born to be wild, or born to follow any other pre-determined life plan. I believe that when you were young, choices were made for you, and when you grew up, you made your own choices - creating the life you have today.

I speak often about taking responsibility for choices as they have brought you to where you are now. You always have a choice, even when it feels as if you don't. This is clarified to my clients in our meetings and is included in "The Imagine Nation Quickstep Guide" and the teen "Power Project" handbook.

However, **now** is all about fate!

## Fate Fear Factor!

There's a conspiracy out there, one that is keeping you from your dreams, forcing you away from achieving your goals. It infiltrates your word choices and lulls others into a false

### Job Posting!

**Educational Interns:** looking for a team of interns to present the Imagine Nation® "Power With Purpose" program to schools and youth centers throughout the state of Arizona. Strong speaking and presentation skills required along with a desire and ability to interact in a positive, confident manner with children of all ages. The ideal candidate will currently be earning a degree where such experience would be helpful. Imagine Nation will work with the selected candidates' schools to ensure their time in this position is applied to their school credentials. This is a commission-based position.

**PR Coordinator:** will plan and execute a marketing/PR campaign along with other assistant responsibilities. This is a commission-based position requiring at least ten hours a week. The ideal candidate will have, or be earning, an appropriate degree or have equivalent experience to handle the position. Some experience with, or interest in, promoting an individual is a plus. Enthusiasm, desire, and self-motivation will weigh equally with experience on the selection of the ideal intern.

**Goal Strategist Certification** now available through Imagine Nation! Call today to find out how you can be an Imagine Nation certified goal strategist. Learn how to help others achieve their dreams and goals, beginning with your own!

belief on your behalf. It destroys potential in such a subtle, ingenuous manner that it almost escapes detection.

Here are a few of its disguises when a roadblock is encountered on a dream realization attempt:

“I missed my meeting with Human Resources so I’m sure I won’t get the promotion. It just wasn’t meant to be, I guess.”

“They accepted someone else’s contract. That house just wasn’t meant to be ours.”

“I was born to be fat. I’ve been fat all my life. Why even try to lose weight?”

“Hey, it’s all pre-determined anyway. If I’m supposed to meet Mr. Right, it’ll just happen. It’s up to fate.”

“She was destined to be a great performer. I don’t think it’s in the stars for me.”

Do you see how insidious it is? Even when others witness it, they don’t always catch on. Words like the above lay the responsibility for not following through on someone else’s doorstep, or should I say, “something” else’s doorstep: fate’s, destiny’s, or that almighty “wasn’t-meant-to-be” guy!

If you want something, you go for it. If it doesn’t work out, it doesn’t work out. It wasn’t meant to be only if you choose that outcome. There is always “a means to an end” - you just have to go out and find it!

Determination,  
not destiny,  
defines your  
life!

The difference between those who are destined and those who are not is determination. Those who have determination and stick with it, practice and work hard, are more likely to achieve the level of success sought, than those who leave it up to something stepping in and making it happen for them.

We can always shovel responsibility for our lack of successes, lack of determination, or lack of imagination to someone, or something, else’s door. Doing so will not achieve desired results of realization. *Taking* responsibility, trying something new, going a different route - creates desired results. Don’t let poor belief systems hold you back. Stick with what you know and what you think can be done and do it. Believe more in yourself so you can move forward on what you want in life. What happens next, well, that’s up to you!

### ➤ Words To Realize By:

*On missed opportunity: “I saw a light at the end of the tunnel and thought a train was heading my way. I sat by the side of the tracks and waited safely. Then night fell and I noticed the light had gone away. When did the train pass me by?”*

Since subtlety isn’t my strong suit, feel free to email me at [My\\_Imagine\\_Nation@hotmail.com](mailto:My_Imagine_Nation@hotmail.com) if this one needs more explanation!

### ➤ Read, Listen, Or See:

[Who Moved My Cheese](#) by Spencer Johnson, M.D.

The best laid plans of mice and men... which mouse are you?

If you have a question or a specific area of interest you'd like to share, please email it to: [My\\_Imagine\\_Nation@hotmail.com](mailto:My_Imagine_Nation@hotmail.com). I will try to include it in an upcoming issue and will do my best to give you a concise response that will move you forward on your journey.

### ➤ Time To Share:

"I have too many dreams. Where do I begin?" Candy/Phoenix, AZ (this question is being repeated as it has been asked of me several times recently.)

If you aren't taking action because you don't know where to start with multiple dreams, the answer is: start at the beginning! Oh, that's right, that's the problem, where to begin! Here's something to try.

List your dreams and then study the list. You will find (a) there is a common thread that leads to the realization of one primary goal. Or, (b) there is a specific order to when each dream must be completed.

Just because you made the list, doesn't mean that either of these conclusions may occur to you immediately. You may study it for a considerable time before you realize what you haven't noticed before, especially when it comes to that common thread. At first, it may not be noticeable. This is where your accountability circle can come in handy. They may be able to see more clearly, what is right before your eyes.

When you find your common thread put the list in order (it's there!). Number the dreams by what needs to occur first, second, and so on for that primary goal to be realized. When you have your order, you will have the basic outline to your plan of action. This allows you to have a starting point, all the while knowing your long-range destination.

The timeline possibility may not be obvious at first, either. It may appear as if you need to do everything at once. Reality is, you want to *achieve* everything at once. Give each item a timeline and possible completion date. What dream needs to be accomplished before or after another? As these timelines are up to you, you can adjust them as needed, preventing you from feeling overwhelmed.

It is great to have a dream, and wonderful to have more than one but neither is good if you aren't taking action. Organize your thoughts, add a few tentative timelines, and realize that every new moment is an opportunity to start. Now is a great time to do so.

Check out my website at [www.Imgine-Nation.biz](http://www.Imgine-Nation.biz)!

My website has undergone some dramatic changes. Visit it often to see what's new and feel free to share your thoughts on the look!

### Coming In November: Another Newsletter!

Hey, I usually don't know what I'm doing thirty minutes from now and you want me to tell you wants in November newsletter! Ahh, give me a break! However, I **know** it'll be something useful for the season!

## Taking Care Of Business

**Ready to Hit The Road? Start Here!**

The Imagine Nation® Method of Dream Realization

**Looking To Travel Alone?**

I've created a wonderful tool to utilize if working

is the most effective means to achieve your dreams. As your goal strategy partner, I will work with you to identify your dream, develop it into a concise goal, and then give you the guidance and insights needed to achieve it. This method, along with the support and accountability of a professional strategist, will enable you to turn your dreams into reality.

You will also receive a comprehensive handbook (a \$149.00 value) that details my method, allowing you to keep your dream alive between sessions and throughout your journey. It includes several precept/maintaining motivation cards to keep around as handy reminders, Two-Do sheets, and a cheat sheet to help you stay on track during the realization of your goal.

Give me a call today at (480) 940-4562 or email: [My\\_Imagine\\_Nation@hotmail.com](mailto:My_Imagine_Nation@hotmail.com) (note underscore between words). Let's schedule the start of your dream realization journey now. Isn't it time to invest in you?

with a goal strategist isn't in your immediate future. "The Imagine Nation Quickstep Guide to Realizing Your Dreams" is a synopsis of the method that is used with my clients. It won't replace having a goal strategist as your partner, but it does highlight the tips and insights needed to help you identify and achieve desired outcomes: great for the independent traveler. Included is an overview of the method, areas to take notes, a planner, Two-Do sheets, precept/ motivational cards, and a cheat sheet. At just \$15.95 plus shipping, it's a cost-effective way to jumpstart your journey to dream realization, and it makes a wonderful gift for fellow dreamers! 🎁 Also, it is now available to download so you can have your copy today!

**Purchasing Information** - If you're interested in purchasing the guide visit [www.Imagine-Nation.biz](http://www.Imagine-Nation.biz) and click on the Services link today. You can download your copy immediately and save the shipping fee or have your guide sent to you by priority mail for just \$5.50 extra.

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If you are interested in a previous issue, or know someone who is, just email me at [My\\_Imagine\\_Nation@hotmail.com](mailto:My_Imagine_Nation@hotmail.com). Let me know which issue you want and I'll forward it to you immediately.

### Not Interested in Receiving My Emails?

To be removed from this mailing, just email me at [My\\_Imagine\\_Nation@hotmail.com](mailto:My_Imagine_Nation@hotmail.com) and type "remove" in the subject line. Be aware, however, that you will be completely removed from my database unless otherwise noted in your email.

### DISCLAIMER!

As your goal strategist, you will find me an effective navigator on your journey to dream realization. However, as I am not a psychologist, therapist, or mental-health professional, I will not take on inner demons best treated by trained counselors; nor should any other goal or life coach of any sort. If you have issues that are beyond your ability to control, take them to a licensed professional, then come back to me, and let's work together to realize your dreams!

*Until we meet again... Keep the dream alive!*

Nancy Nordstrom

Goal Strategist with Imagine Nation

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