



Imagine Nation® Today!

Volume 2

If this bi-monthly newsletter has been forwarded to you and you would like to receive it directly, send an email with your name and email address to: My_Imagine_Nation@hotmail.com and request to be added to the list! Additionally, I apologize in advance for any typographical or grammatical errors that may be found. Best efforts were made to avoid such mistakes.

What's Up?

Wow! A lot has been going on since my inaugural newsletter. Thank you for the great feedback on this new endeavor. Your kind words have been a wonderful motivator.

First, let me say that many speaking events have been planned, some of which are listed below. Even if you've heard me speak on one of the topics before, come again. The New Year is a wonderful time to refresh your attitude toward your future. Bring a friend or two as a show of support for each other's dreams!

Haven't heard me speak, yet? Then [click here](#) to visit createaway.com and have a listen!

And here's something new: I've developed a crash course in goal realization entitled: **"Go for the Goal!"** Complete [my entire program](#) in a quarter of the time with over \$600 in savings compared to 1:1 coaching! I'm pleased to say that the first class begins in January but registration starts **now**. Check below for more

information. Class size is small so you'll want to sign up **today** to ensure you get a spot!

Holiday Havoc

With so much excitement starting up in January, I haven't forgotten how stress-filled the following weeks can be. Life, in its very nature these days, is hectic, chaotic, and tense. Holidays are not meant to be! Consider these thoughts when tension begins to rise:

- ★ You may not get everything you want, *but you probably have everything you need.*
- ★ You may not find every gift you're looking for, *but you have an abundance of the one most valued: your love.*
- ★ You may not get everything done, *but you probably have others around willing to help.*
- ★ Breathe deeply and let go to let in the warmth that family and friends bring with them!

Memories are made from love, laughter, and the ability to rewrite history as a situation comedy. Go with the flow, stop worrying about being in control, and remember to keep it simple - those you love would love most to hear your laughter amongst their own.

I wish you all the happiest holidays and the most dream-filled New Year! I dedicate this to you in the hopes that you will always ... keep your dreams alive!

Professional Personal Self-Help Purpose Ambition Dreams Goals

From dreamer to achiever in 6 weeks with the
"Go For The Goal!" course!

Saturdays, January 14 - February 18, 2006 from 9:00 to 11:30 am

Embassy Suites - Tempe, Room 300

(Rural Road & US-60)

[Registration must be received no later than December 30, 2005](#)

(no registration will be taken at class)

In this fast-paced program, you will identify your goal succinctly, define it realistically, and build a plan to achieve it successfully! It will even help you *discover* your dream! You will also receive attitude-improving techniques, positive approaches to remove roadblocks, and success-building tips to ensure you achieve the outcome you most desire. This crash course in the proven **Imagine Nation Method of Dream Realization** is time-efficient and effective... and just in time for those New Year resolutions!

The “Go For The Goal!” Course Includes

- ★ Instruction from a professional goal strategist
 - ★ a small group environment,
- ★ the Dream Catcher Handbook (a \$49.00 value),
- ★ unlimited email support during the program!

All For Just \$390.00!

A quarter of the time and over \$600 savings compared to 1:1 coaching!

As a special introductory offer:

Register by **December 5, 2005**

and receive \$10.00 off per class!

\$330.00 for the entire course!

Class size is small and is expected to fill fast so **call today** to register.

Gift certificates available for holiday gift-giving!

Let this New Year be the year you choose to realize your dreams!

Space is limited and registration is required no later than December 30, 2005 (no registrations will be taken at class). To register, call (480) 940-4562 or go online to www.Imagine-Nation.biz/services.htm (scroll down to the bottom and click on the credit card icon). Cash, checks, and credit cards accepted.

Power of Choice

You are where you choose to be, here, in this moment. You had control over your life in the past and you are responsible for where you are headed. Recognize the power in that. The problem is, most of us would rather blame someone else for where we are right now!

For example, you may have moved to Phoenix because your spouse relocated here. You may have felt you had no “choice” in the move, but you did. You could have said no. You moved, not because you had *no* choice, but because you believed it was the *best* choice for you at the time. Stand by that choice. Feel the power within it.

Others feel less equipped to handle the job of being an adult due to childhood circumstances, perceived and otherwise. For such cases, there are trained professionals that can, not only help, but also teach you to move past that which haunts you most. Seeing a professional is a *choice*. Hanging on to the baggage is a choice. One choice moves you forward, one doesn't; you have the power.

What about when life is interrupted by something other than the normal, something outside your control? What about events such as the recent hurricanes, tornadoes, and earthquakes that have caused such destruction and loss of life? What if you have been victimized by the loss of a loved one from illness or accident, or by cruelty or lawlessness? These events are heart-rending, terrifying, and fury-filled. Those involved did not *choose* this devastation. However, they do have the power of choosing how they move - afterward.

My “Quickstep Guide To Realizing Your Dreams” will make a wonderful gift to that special person in your life. Scroll down to learn how you can get a copy!

I am not belittling abuse, or tragedy, or victimization of any kind. When such events occur, you have a right, and a physical need to experience the emotions these situations create. However, you are making a choice to do so. At some point, you must make a choice to move on.

Embrace the Power

You are - where you are *today* - because you choose to be here. The choice is ongoing. That's the power. You are making a choice right now, and every moment hereafter, giving you an opportunity to revise your choice, correct your course of action!

Where are your choices leading you? What motivates the decisions you make? What benefits do you gain from them? The benefit must be found or you will find yourself facing more regrets than necessary.

Benefiting from all your choices may sound selfish but it's not. You moved to Arizona because it benefited you **and** your spouse to stay together. You sought professional help to exorcise childhood demons because it benefited you **and** those around you for you to move in a forward manner. You picked up the pieces of your shattered life because it benefited you **and** motivated others to do the same. In making positive and productive choices, not only do you benefit from the outcome, that benefit is shared. When you move in a healthier, more dynamic manner those around you do, too. How powerful is that?

Choose to embrace the power of choice. *Own* your choices so that each decision you make moves you further along your journey to dream realization.

Upcoming Events Open To The Public

(Email me at My_Imagine_Nation@hotmail.com to learn more about these events.)

"Creating A More Positive Future" FREE

(double the impact by attending the follow up seminar on January 12!)

Thursday, December 1, 2005 at noon, ASU at the Downtown Center, Phoenix, AZ

"Creating Your Future" (teens only) FREE

Wednesday, January 11, 2006 at 7:00 pm, Changing Hands Bookstore, Tempe, AZ

"Three Steps to Realizing Your Dreams" FREE

(a great follow up to the first event on December 1!)

Thursday, January 12, 2006 at noon, ASU at the Downtown Center, Phoenix, AZ

"Go For The Goal!" \$60 savings if registered by 12/05/05! Pre-registration required.

Saturdays, January 14 - February 18, 2006 at 9:00 am, Embassy Suites, Tempe, AZ

"Creating A More Positive Future" and "Three Steps To Realizing Your Dreams" FREE

(great as single seminars; double the impact if you attend both!)

Thursdays, January 26 & February 2, 2006 at 6:30 pm, Tempe Public Library, Tempe, AZ

"The Art of Being Magical" Discover the Magic Within and Share It With the World

(4th to 6th graders only) FREE

Wednesday, February 8, 2006 at 4:00 pm, Chandler Sunset Library, Chandler, AZ

Various Topics - FREE Membership

Visit www.createaway.com to **hear** me speak on a selection of topics, including some of the above. You can even download to your MP3 player!

Keep me in mind the next time you are looking for a speaker for one of your events!

➤ **My Words To Realize By:**

"I don't listen to common sense. I listen to my mother!" Jake, seven-years old, to a friend.

Was this a Freudian slip by my son on the value of my input?

When others speak, we should listen. They will offer thoughts, or ideas, or even negative input that we might not have considered for ourselves. Hear them out - with an open mind. Just don't take everything said to heart. Keep what is of value and let the rest go.

What is said to us is a projection of another's self-perception; however, we tend to give advice more on what we *hope* we will do, rather than what we are *likely* to do. So, take their input for what it is worth!

As for Jake, I told him to always listen to his mother. I'm *filled* with common sense!

➤ **Read, Listen, Or See:**

Buy or rent the movie, [What The #\\$%?# Do We Know?](#)

Watch this movie at least twice. As you absorb one concept, the movie is half way into another, leaving you wondering what you missed. General message: perception is reality (which is also the focus of January's newsletter!).

➤ **Time to Share:**

"I feel ready to make a change, but I can't quite figure out what. How do I discover what I really want to do?" Shelley/Chandler, AZ

Hire me as your goal strategist or join the "Go For The Goal!" program! Whichever one you choose will enable you to define what has been tugging on your mind for a while now.

However, if hiring a strategist isn't feasible now, here's an idea to help steer you in the right direction.

You *do* know what you want to do! Your dream is safely tucked within your imagination and will stay there until you are ready to acknowledge it.

However, we tend to ignore our imagination because we feel we are too "mature" to admit to indulging in daydreams, imagination's play land! Yet daydreams we have and within them lie the truth of our desires.

Pay attention to your daydreams, those mini fantasy vacations (not the adult version!), and look for that truth. What is it about this little get-away that appeals to you? What is the common thread behind this daydream, and others that you have had? Tug that thread and you will find that it is tied around the very heart of the change you want to make, the dream that you need to achieve.

The key: pay attention. Your imagination is knocking on that brain of yours and saying, "Listen up!" Start paying attention and soon you'll have a better idea of the dream journey on which you will soon be embarking.

If you have a question or a specific area of interest you'd like to share, please email it to:

My_Imagine_Nation@hotmail.com. I will try to include it in an upcoming issue and will do my best to give you a concise response that will move you forward on your journey.

Check out my website at www.Imagine-Nation.biz!

Coming In January: Perception Deception!

Learn how your perception affects your attitude - just in time for a new you in the New Year!


Taking Care Of Business

Ready to Hit The Road? Start Here!

The Imagine Nation® Method of Dream Realization is the most effective means to achieve your dreams. As your goal strategy partner, I will work with you to identify your dream, develop it into a concise goal, and then give you the guidance and insights needed to achieve it. You will also receive a comprehensive handbook (a \$49.00 value) that details my method, allowing you to keep your dream alive between sessions and throughout your journey.

Give me a call today at (480) 940-4562 or email My_Imagine_Nation@hotmail.com (note underscore between words). Let's schedule the start of your dream realization journey now. Isn't it time to invest in yourself?

Looking To Travel Alone? (GREAT GIFT IDEA! Hint, hint, hint!)

I've created a wonderful tool to utilize if working with a goal strategist isn't in your immediate future. [The Imagine Nation Quickstep Guide to Realizing Your Dreams](#) is a synopsis of the method that is used with my clients. It won't replace having a goal strategist as your partner, but it does highlight the tips and insights needed to help you identify and achieve desired outcomes: great for the independent traveler. Included is an overview of the method, areas to take notes, a planner, Two-Do sheets, precept/ motivational cards, and a cheat sheet. At just \$15.95 plus shipping, it's a cost-effective way to jumpstart your journey to dream realization, and it makes a wonderful gift for fellow dreamers! 

Purchasing Information - If you are interested in purchasing [The Imagine Nation Quickstep Guide to Realizing Your Dreams](#) visit www.Imagine-Nation.biz to purchase by credit card. Or, send a check or money order for \$19.80 per book (shipping included), made payable to Imagine Nation, to: 500 N. Roosevelt Avenue, #133, Chandler, AZ 85226. Specify the number of guides you are ordering (remember that great gift idea!), the "send to" address for each book, and your daytime phone number and email address. Guides will be mailed, upon receipt of payment, by priority mail, with a confirmation of shipping sent to your email address.

Interested In Receiving Back Issues of "Imagine Nation Today"?

If you are interested in a previous issue, or know someone who is, just email me at My_Imagine_Nation@hotmail.com. Let me know which issue you want and I'll forward it to you immediately. How cool - I now have "back issues"!

Not Interested in Receiving My Emails?

To be removed from this mailing, just email me at My_Imagine_Nation@hotmail.com and type "remove" in the subject line. Be aware, however, that you will be completely removed from my database unless otherwise noted in your email.

DISCLAIMER!

As your goal strategist, you will find me an effective navigator on your journey to dream realization. However, as I am not a psychologist, therapist, or mental-health professional, I will not take on inner demons best treated by trained counselors; nor should any other goal or life coach of any sort. If you have issues that are beyond your ability to control, take them to a licensed professional, then come back to me, and let's work together to realize your dreams!

Until we meet again... Keep the dream alive!

Nancy Nordstrom

Goal Strategist with Imagine Nation

www.Imagine-Nation.biz

(480) 940-4562

©2005 N.E. Nordstrom. All information in this newsletter is copyrighted. No reproduction of material is allowed without the express written authorization of Nancy Nordstrom. Imagine Nation is a registered trade name.