



# Imagine Nation Today!

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## Nancy's Perspective

Hello everyone!

I've spoken to many people over the last few months and there seems to be one constant in their attitude regarding 2008. This is the year of change.

Not surprising, really. We are in an election year, and what an intriguing one it is. Additionally, we are on the verge of a recession, or not. It seems to depend on which expert is speaking. Regardless, economically there has been a definite shift.

Many of the people I've spoken with have expressed dedicating this year to personal change: taking charge, moving forward, seeking out dreams, and committing to better lifestyles.

This, too, is not surprising considering New Year's wasn't that long ago. But this year does seem different. We are all experiencing some sort of reaction to the political upheavals and the economic pinch; great stimuli for change. For this reason preparing for and being willing to make change is now actually essential, no longer optional.

It is how you choose to take on that change that determines if it will have the outcome you desire.

Here at Imagine Nation we have made some changes, as well. I invite you to explore our website and take advantage of some new services that will enable you to make positive changes in your life.

First, as you already know we have great downloads available, some free and some for purchase. They can help you move forward on those changes you are committed to making.

Second, a wonderful tool has been added to the site: online courses! They are a convenient and effective means to achieving your dreams, with new courses being added regularly. The first course is already online so register now by [clicking here!](#)

Keeping it easy and convenient, try out our new [Wisdom Workshops on the Web](#). All you need is a high-speed internet connection! Registration is quick but space is limited. Sign up today for the web-shop of your choice!

In this mode of change, we are looking for more Virtual Marketing Assistants. This is a great part-time, work-from-home opportunity to be part of an organization that enables others to make positive changes in their lives. If interested, email me at [Nancy@Imagine-Nation.biz](mailto:Nancy@Imagine-Nation.biz) and let's discuss it further.

Change is inevitable. Sometimes we actively seek it out, sometimes it seeks us. Whichever, it is up to us on how we choose to handle it. Commit to making this time of uncertainty a positive period of forward movement toward your dreams, toward the realization of your goals.

*As always, I wish you all the best and dedicate this to you in the hopes that you will keep your dream alive!*

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Haven't heard Nancy speak, yet? [Click here](#) and have a listen to some insights.

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Check out  
previous issues by  
visiting  
Imagine Nation  
today!

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We'd love to hear your thoughts. Email us at [Info@Imagine-Nation.biz](mailto:Info@Imagine-Nation.biz).

## Time for Change

The Imagine Nation Method of Dream Realization says that “a dream is the essence of a goal; a goal is the enhancement of a life.” Basically, a goal is about making a positive change.



There is a difference, however, between doing what you want to do, and doing what you need to do. This difference determines the outcome of both.

As mentioned on the previous page, there’s a lot going on right now in our lives, most of it shrouded in uncertainty. We don’t know who the next president will be or if we are truly in a recession. Many of us don’t know if we will have our jobs tomorrow or if we will find a job soon. Some don’t know if they’ll be able to keep their house or if they will find another place to stay.

Changes – many of which we don’t truly want to make. So then what do you do?

### What Do You Do?

If change isn’t optional, your attitude toward it is. Although easier to say than to do in a time of stress, here are some basic tips for helping you transition from where you are right now, this very moment, to where you want to be again, or eventually. Let them be the stepping stones to helping you turn a necessary change into a desired one.

*Be realistic.* Whatever scenario you perceive to be heading toward you, see it realistically. “What if’s” distort; more, they prohibit your ability to think clearly. Worse case scenarios are possible, but keep them in perspective and you’ll discover the means to deal with them.

*Be calm.* Panicking will not resolve anything. However, life can be unfair so take time to recognize the hurt and frustration. Be healthy about it – don’t make a bad situation

worse. Then, take a deep breath and look at the situation for what it truly is. In doing so, you can make **conscious** choices to the change, rather than **reactive** ones.

*Be practical.* This is a temporary setback. This is not what you expected or wanted now, but it is what it is and it is just for now. Approaching the situation realistically and calmly allows you to make practical decisions. This enables you to resolve where you are and allows you to move forward when the time is right.

*Believe.* This is only temporary. You weren’t born to this; you weren’t destined to it. If poor choices brought you here, make smarter ones. If best intentions brought you here, use better ones. If events beyond you brought you here, turn them into positive ones. **Know** that this is only temporary and that you **can** turn this around.

The “Quickstep Guide to Realizing Your Dreams” will help guide you on your path toward positive change. [Click here](#) to purchase and download your copy today!

You may not want to make the change, you may need to. Realistically understanding that in making that change you are creating a better life for yourself, down the road, will help. Calmly reacting to that change will allow you to find options you weren’t aware of that will help. Practically taking action gives you an opportunity to get to where you want to be, again, eventually. And believing that this is all for just now, that change, for the better, will come again soon, will encourage you to take smart, positive actions regarding where you are and where you will be, again.

There is a different between doing what you want to do, and doing what you need to do. It is your attitude that determines the outcome.



### Quick Links at [www.Imagine-Nation.biz](http://www.Imagine-Nation.biz)

- [Sign up](#) to receive your own newsletter (if this has been forwarded to you) or to read past issues.
- [Learn](#) more about Nancy as a speaker and see a suggested list of keynote and workshop topics.
- [Find out](#) where Nancy is speaking next.
- [Purchase](#) and download goal realization tools, plus a copy of Nancy’s suggested reading list.
- [Prepay](#) online if you are a client (scroll to “other services”).
- [Share](#) your comments, questions, or suggestions (scroll to the bottom of the page).
- [Register](#) for online courses or Wisdom Workshops on the Web.

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## What's New:

### Imagine Nation Online Courses:

These online courses are intended to help individuals gain positive insights about themselves and their interaction with the world around them. This is intended for those seriously interested in creating a better life. By learning new methods, different approaches, and better interactive skills, one can truly fulfill his/her potential.

For a limited time they are just **\$19.95 per course, a savings of \$20.00!** They are a cost effective means to creating positive change. Check out the course page directly by [clicking here](#).

### Wisdom Workshops on the Web:

In these interactive, "face-to-face" meetings, various issues and roadblocks that are preventing you from living the life you deserve will be discussed. Nancy Nordstrom will speak with participants on attitude, support, motivation, perception, procrastination, and more. Learn the tips and techniques you need to create the life you deserve!

These workshops have limited space and will fill quickly. Online registration has already begun and for a limited time, the fee will be **just \$5.00 per workshop**. That's a **savings of \$15.00** each time you join a meeting! [Click here](#) to register and receive your invitation to the web-shop of your choice.

Here are some upcoming dates and topics (all times are MST/AZ):

- ☆ Wednesday, March 19, 6:30 pm, Integrate Choice
- ☆ Saturday, March 29, 9:30 am, Integrate Perception
- ☆ Saturday, April 12, 9:30 am, Open Forum

### AVAILABLE FOR DOWNLOAD!

**"The Quickstep Guide"**  
A synopsis of the method used with clients.

**"The Power Project"**  
A teen version of the Quickstep Guide.

**"Ah, The Tick"**  
A fun, fiction manuscript that gives wonderful life lessons; for both adults and youth.

[Click here](#)  
to purchase and download your copy today.

## Read, Listen, or See: (additions to the downloadable reading list)

The Circle by Laura Day

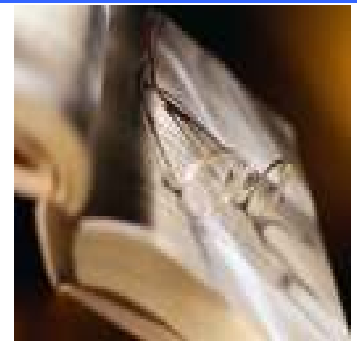
A fairly quick read on simple steps for envisioning and achieving your dreams.

The Essential... series by Deepak Chopra

If you are a Chopra fan, you will find many valuable lessons in this series.

Warrior of the Light by Paulo Coelho

Mentioned before, interesting insights that can be applied to your daily approach.



## Time to Share:

If you have a question or a specific area of concern you would like to have Nancy address, feel free to send an email to [info@Imagine-Nation.biz](mailto:info@Imagine-Nation.biz).

Due to demands on her time, Nancy doesn't always have time to answer all emails but does try to make every effort to do so. Additionally, if your email would be of interest to other readers of "Imagine Nation Today!" it will be included in an upcoming issue. Only your first name and city and state will be shared.

Nancy strives to do her best to give you a concise response that will move you forward on your journey.

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## Visit [Imagine Nation Today!](#)

There is always something new going on at Imagine Nation. Check the site often for calendar updates, workshop information, and to view back issues of “Imagine Nation *Today!*” You can also sign a friend up to receive this bi-monthly e-newsletter (or get your name on the list if this has been forwarded to you!), send a question or a comment for insertion in an upcoming issue, or download a free reading list to help you maintain forward movement. Visit today and feel free to share your thoughts!

## Taking Care of Business

### Ready to Hit the Road? Start Here!

The Imagine Nation® Method of Dream Realization is the most effective means to achieve your dreams. As your goal strategy partner, Nancy Nordstrom will work with you to identify your dream, develop it into a concise goal, and then give you the guidance and insights needed to achieve it. This method, along with the support and accountability of a professional strategist, will enable you to turn your dreams into reality.

You will also receive a comprehensive handbook (a \$149.00 value) that details her method, allowing you to keep your dream alive between sessions and throughout your journey. It includes several precept/maintaining motivation cards to keep around as handy reminders, Two-Do sheets, and a cheat sheet to help you stay on track during the realization of your goal.

**Call today** at (480) 940-4562 or email: [info@Imagine-Nation.biz](mailto:info@Imagine-Nation.biz). Schedule the start of your dream realization journey now. Isn't it time to invest in you?

### Looking To Travel Alone?

Nancy has created a wonderful tool to utilize if working with a goal strategist isn't in your immediate future. “The Imagine Nation Quickstep Guide to Realizing Your Dreams” is a synopsis of the method that is used with her clients. It won't replace having a goal strategist as your partner, but it does highlight the tips and insights needed to help you identify and achieve desired outcomes: great for the independent traveler.

Included is an overview of the method, areas to take notes, a planner, Two-Do sheets, precept/motivational cards, and a cheat sheet. It is now available to download so you can have your copy today! It's a cost-effective way to jumpstart your journey to dream realization, and it makes a wonderful gift for fellow dreamers!

To purchase the guide visit [www.Imagine-Nation.biz](http://www.Imagine-Nation.biz) and click on the Services link. You can download your copy immediately and begin your journey to the realization of your dreams now!

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## Contact Information

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### DISCLAIMER!

As an empowerment speaker and goal strategist, you will find Nancy Nordstrom an effective navigator on your journey to dream realization. However, as she is not a mental-health professional, neither she, nor any other Imagine Nation staff member will take on inner demons best treated by trained counselors; nor should any other “coach” of any sort. If you have issues that are beyond your ability to control, take them to a licensed professional, then come back to Imagine Nation; working together to realize your dreams!